

Coronavirus Concerns

You will be aware of the spread of the coronavirus and the subsequent confirmed cases in the UK. At Munchkin Sports, we take the health and safety of our children, parents and staff very seriously, so we're sharing guidance from Public Health England on steps you should be taking.

- washing your hands often - with soap and water, or use alcohol sanitiser if handwashing facilities are not available. This is particularly important after taking public transport.
- covering your cough or sneeze with a tissue, then throwing the tissue in a bin.
- people who feel unwell should stay at home and should not attend work or any education or childcare setting.
- children, parents and staff should wash their hands:
 - before leaving home
 - on arrival at class
 - after using the toilet
 - before eating any food, including snacks
 - before leaving class
 - use an alcohol-based hand sanitiser that contains at least 60% alcohol if soap and water are not available
- avoid touching your eyes, nose, and mouth with unwashed hands.
- avoid any unnecessary contact including high five's and handshakes.
- avoid close contact with people who are unwell.

If you are worried about your symptoms or those of a child or colleague, please call NHS 111. Do not go directly to your GP or other healthcare environment see further information on the [Public Health England Blog](#) and the NHS UK website.

If you or your children have returned from an area which has had an outbreak of the virus in past 14 days.

- People who have returned from [Category 1 specified countries/areas](#) in the last 14 days should self-isolate. This includes avoiding attending an education setting or work until 14 days after they return.
- People who have returned from [Category 2 specified countries/areas](#) in the last 14 days, are advised to stay at home if they develop symptoms.

All other pupils or students and staff should continue to attend settings, including their siblings (unless advised not to by public health officials).

Please be rest assured that there are plenty of hand washing facilities at all our locations and we will be asking all parents and children to wash their hands before and after class.

Children will be reminded not to share food or water bottles. At weekend sites we will no longer be providing a drinks station.

Please can we ask that you refrain from attending our classes if you or your child has been in contact with anyone who has the virus or if you are displaying symptoms yourself. At all weekend locations we will be asking parents to sign a declaration to confirm that families have not visited any countries on the coronavirus watch list in the last 14 days.

We appreciate this is a very concerning time for all and we are doing everything in our power to continue our classes safely following strict up-to-date government guidelines. As a small business we appreciate all of your continued support in this challenging time. We will keep you updated on any changes to the above as and when they occur.