



MUNCHKIN SPORTS – ALLERGY POLICY

Munchkin Sports is committed to providing a safe, inclusive environment for all children, including those with allergies, anaphylaxis, asthma and other medical needs. This policy sets out our procedures for identifying, managing and responding to allergies across all after-school clubs, wraparound care and holiday camps.

This policy supports:

- KCSIE 2026
- Children's Wellbeing and Schools Act 2026 (Benedict's Law)
- EYFS (where applicable)
- Ofsted requirements for external providers

Identification of Allergies

- Parents must declare all allergies, asthma or anaphylaxis during registration.
- A care plan must be provided for any child with a diagnosed allergy or asthma condition.
- All children with allergies are clearly highlighted on the register before each session.
- Coaches review medical needs daily as part of the session risk assessment.

Medication Requirements

Parents must provide:

- A clearly labelled EpiPen/AAI and/or asthma inhaler
- A current care plan
- Signed permission to administer medication

Medication must be handed directly to the coach at the start of each session and collected at the end. Medication is stored in the designated Medical Station, not in bags or pockets.

Spare Emergency AAI's (Benedict's Law Requirement)

In line with statutory guidance:

- Each site holds two spare adrenaline auto-injectors (AAIs).
- Spare AAI's are stored in an accessible, clearly marked location.
- Spare AAI's may be used in emergencies, including for undiagnosed anaphylaxis, following national guidance.

Staff Training

ALL staff will receive annual allergy, anaphylaxis and asthma training, including:

- Recognising early symptoms
- Administering inhalers and AAI's
- Emergency response procedures
- Preventing cross-contamination
- Safe food handling and environmental allergen awareness

Training is recorded and monitored.



Food Safety & Allergen Prevention

To minimise risk:

- No food sharing is permitted.
- All snacks provided by Munchkin Sports are checked for allergens.
- Parents must not send snacks containing nuts or other high-risk allergens.
- Craft materials, face paints and equipment are checked for hidden allergens.
- Cleaning routines prevent cross-contamination.

Emergency Response

Clear emergency procedures are available in every camp/club folder:

Asthma Attack Protocol

Coaches follow the step-by-step guidance sheet and administer inhalers immediately.

Anaphylaxis Emergency Flowchart

Coaches follow the emergency flowchart, administer AAI without delay, call 999, and monitor the child until emergency services arrive.

All incidents are recorded and reported to parents.

Daily Medical Risk Assessment

Before each session, coaches complete a medical safety check including:

- Presence and expiry of medication
- Review of allergy and asthma needs
- Environmental risks (food, materials, equipment)
- Emergency access routes
- Staffing and supervision ratios

Attendance Monitoring

If a medically vulnerable child does not arrive for a booked session, this is treated as a potential safeguarding concern and followed up in line with KCSIE 2026.

Communication with Parents

Parents receive clear communication regarding:

- Medication requirements
- Any incidents or near misses
- Updates to allergy procedures
- Requests for care plans or replacement medication

Review of Policy

This policy is reviewed annually or sooner if statutory guidance changes. Updates are shared with staff, parents and partner schools.

We are committed to reviewing our policy and good practice annually.

This policy was last reviewed on: 01 September 2026

Signed:

Name: Katie Lewty

Position: Operations Director, Munchkin Sports Ltd